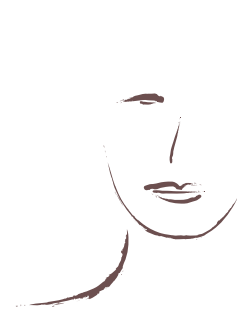


F A C I A L
rejuvenation
C E N T R E

— PLASTIC SURGERY & MEDICAL SPA —

NORTH FLORIDA CENTER FOR FACIAL PLASTIC SURGERY



SKIN REJUVENATION

Achieving a healthy look begins with your skin. At the Facial Rejuvenation Centre, we customize a daily skin care regimen to improve and maintain the quality and appearance of your skin. Professional, medically-supervised facial services provide you with an extra boost for overall skin health. Our licensed aestheticians perform a variety of non-surgical aesthetic and skin care treatments. These treatments enhance the appearance, texture, and tone of the skin.

FACIAL TREATMENTS



Signature Facial

90

This deep cleaning facial is a perfect way for you to maintain the proper balance for your skin. Our aestheticians use products that have been personally selected for you based on your skin type. This facial may include deep pore cleansing to remove embedded impurities, exfoliation, specialized serums, and a facial massage. It is ideal for *all* skin types.

Back Facial

95

This therapeutic deep-cleansing regime for the back is recommended to help unclog pores, exfoliate this hard-to-reach area, draw out impurities, and restore the skin's balance.

Dermaplaning

95

Dermaplaning, a technique that has been used in Japan for over a decade, helps to refinish the skin's top layer through a method of controlled surgical scraping. The treatment removes the dead cellular layer on the skin, creating a smoother, brighter appearance. Unlike most exfoliating treatments, dermaplaning uses no chemicals. However, the use of certain alpha hydroxy acids may also be used for a deeper exfoliation. Each session takes approximately 30 minutes.

SIGNATURE REPAIR PROGRAM

Facial Rejuvenation Centre Repair Program

Price Varies

Mature skin that has withstood decades of sun exposure, hormonal tides, and the rigors of life will benefit from a combination treatment plan designed to focus on your skin's unique condition. This treatment may incorporate several corrective strategies simultaneously, for instance combining chemical skin peels with dermaplaning and photorejuvenation, to effectively reduce the depth of surface lines, smooth out skin texture, improve mild acne, and help fade brown spots and tiny vessels. This system will encompass frequent treatments with periodic refinements over a period of 6 months to 1 year.



Your
Skin.

Be
an
Example.

SKINCEUTICALS PEELS

These professional peels are designed to gradually improve your skin's appearance and texture without the irritation and downtime often accompanied with stronger physician-strength peels. The acid removes dead skin cells, reduces the appearance of fine lines, helps fade hyperpigmentation, and aids the clearing of acneic skin.

Glycolic Peel 80

Derived from sugar cane, glycolic acid dissolves the glue that holds the top layer of dead skin cells together. This treatment helps soften the skin, fades brown spots, and helps diminish fine lines and wrinkles.

Salicylic Peel 80

This treatment is designed to exfoliate, while decongesting pores and reducing irritated skin. Salicylic acid helps improve the appearance of sensitive or problematic skin.

CUSTOMIZED CORRECTIVE PEELS

PCA Peels 85+

These peels are a customized treatment designed to focus on your skin's unique condition. They help reduce the depth of surface lines, smooth rough skin texture, fade brown sun spots, and assist in clearing acneic skin. The peels are customized for each individual and are applied in layers. Consultation required.

PCA Peel® HQ hydroquinone-free

PCA Peel® HQ with hydroquinone

PCA Peel® HQ with hydroquinone & resorcinol

Sensi Peel™

Ultra Peel™ I

Pumpkin Peel

Body Peel

MEDIUM-DEPTH PEELS

Ultra Peel™ Forte 130+

This peel is appropriate for patients with more dramatic wrinkling, sun damage, and acne scarring. Ultra Peel Forte will effectively treat acne, photo-damaged skin, aging skin, and smoker's skin. Patients should expect mild to moderate peeling. This is a **physician's grade** peel applied in our spa.



The Obagi Blue Peel® System 500

This peel is a highly effective treatment used to dramatically and quickly improve your skin's overall complexion and health. The Obagi system treats blemishes, acne scars, wrinkles, uneven pigmentation, and sun damage from the inside out. Skin health is promoted by topical agents that work synergistically with skin cell functions to regulate and improve circulation.

This allows skin to constantly renew itself, repair damage, retain natural moisture, and function at a peak level. Obagi products will be available for purchase to prepare the skin at home prior to receiving this treatment. After the procedure, light swelling may occur. Skin will begin to peel within 2 to 3 days, continue during the next several days, and should be healed within 7-10 days.

Find Your
Balance.



FACIAL ADD-ON TREATMENTS

Firming Eye Treatment	20
Exfoliating Lip	20
Aromatherapy	10

Waxing

Eyebrows	20
Lip	15
Chin	15

Brow Tint	30
-----------	----

Makeup

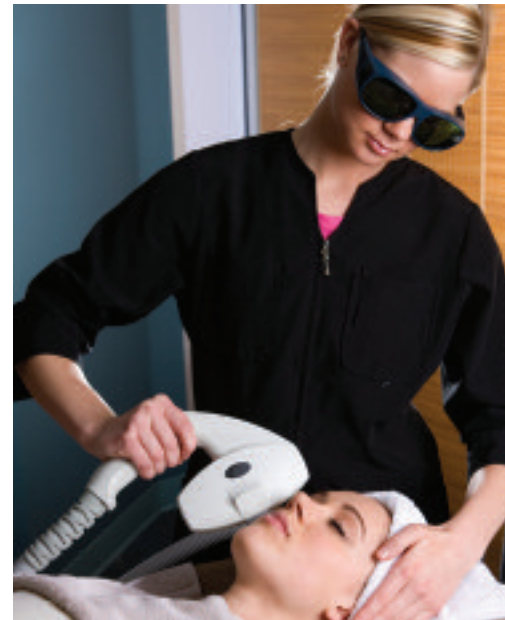
Consultation	Complimentary
Lesson	50
Event & Bridal	50

Photorejuvenation (IPL)

Photorejuvenation is an age-defying breakthrough in aesthetic skin care. It is a non-invasive treatment that simultaneously improves a variety of facial concerns, such as rosacea, broken capillaries, reddened scars, and sun-damaged skin. Therapeutic light energy repairs the damaged skin by stimulating collagen production. Skin is improved with an even-colored tone, smaller pore size, smoother texture, and an overall revitalized appearance.

IPL-Hair Reduction

Safe and effective hair reduction is now within your reach. Reducing unwanted hair from your face and body is now easier and more comfortable than ever before. Instead of shaving, tweezing, or waxing, you can now enjoy comfortable long-term hair reduction. Hair grows in cycles; therefore, the number of treatments required will vary with each individual.



Restore
Your
Skin.

*Consultation with one of our aestheticians is required prior to scheduling.
Photorejuvenation (IPL) and IPL-Hair Reduction will be performed by a Nurse Practitioner, Physician's Assistant, or Medical Doctor.*



ADVANCED TREATMENTS

- Intensive Free Radical Quenching Treatment*** 95
Great for all skin types and conditions, as well as for parched skin that has been over-exposed to harsh environmental elements.
- Dehydrated and Parched Treatment*** 95
Effective for many dry skin conditions. Assists with the removal of hyperkeratosis and strengthens the skin.
- Anti-Aging Treatment*** 95
An excellent anti-aging treatment great for all patients in need of facial rejuvenation. The result is plump, hydrated skin with a dewy youthful glow.

- Hydra-Renewal Treatment*** 95
Renewing treatment that will not create any burning sensation great for all skin types, conditions and ages. Likely to cause some delayed flaking two to four days post-treatment.
- Oxy Detox Treatment*** 95
Excellent for sluggish, tired skin due to environmental damage, smoking, medications, aging and improper diet. Also beneficial for both dry and oily acne conditions.
- Detoxifying and Nourishing Treatment*** 95
Appropriate for all patients in need of detoxification and healing. Improves skin texture and clarity resulting in a healthy glow. May be applied weekly and is exceptional

- for general skin health and fitness as well as to improve environmentally stressed skin.
- Purifying and Smoothing Treatment*** 95
Appropriate for patients with break-out prone skin to mild acne, as well as those who desire an immediate smooth and radiant complexion.
- Brightening Treatment*** 95
Great for all patients with dull and discolored skin. The result is moist and hydrated skin with improved texture and clarity.

SKIN CARE PRODUCTS

What is the largest organ of the body? If you answered the epidermis or skin, you are correct. Like the heart or lungs, your skin needs protection and care. Skin conserves your body's moisture and heat, while providing you with constant information about your environment. As skin ages, the amount of collagen decreases, the fibers become less organized, and the dermis thins. Environmental elements such as sunlight, smoke, and pollution cause damaging free radicals to form on the skin. These free radicals break down collagen and elastin, causing lines and wrinkles to form. Daily exposure to sun and pollution causes clogged pores, and red and brown spots. In order to achieve corrective skin care, the product's active ingredient needs to be potent. Therefore, after a facial rejuvenation procedure, adopting a proper skin care regimen is paramount to maintaining results.

Different from over-the-counter.

Most skin care products you get in a physician's office are more powerful than those available at salons and department stores. Our preparations are more concentrated and more specific for your particular skin type. In addition, the physician can add prescription medications when necessary, such as Retin A or an antibiotic, to create a comprehensive skin care regimen.

Each line offers skin care regimens that protect and maintain healthy, beautiful skin as well as speed the skin's recovery following invasive and non-invasive skin rejuvenation procedures.



Cultivate
your
inner
beauty.

SKIN CARE PRODUCTS

PCA SKIN® products are designed to work synergistically to target and treat troublesome skin conditions at the cellular level using a progressive, not aggressive philosophy. Advanced ingredients are carefully blended to create formulations for all skin types and conditions. Daily care products contain ingredients such as alpha and beta hydroxyl acids, MMP inhibitors, peptides, antioxidants and advanced botanicals. These ingredients target conditions at the cellular level and dramatically improve skin health. PCA SKIN daily care products complement our in-office treatments and speed the process toward visible, proven results.

Environ® is a vitamin A skincare line that helps to promote the production of healthy collagen and elastin, restore the protective barrier and improve the skin's natural moisture, tone and radiance.

The **Obagi™ Nu-derm** skin health restoration system improves skin at the cellular level by treating and correcting superficial discoloration and blemishes, stimulating cell renewal, improving circulation, and rebuilding collagen. The result: healthy, radiant, hydrated skin that is able to better resist environmental stresses that previously damaged the skin.

Prevage®MD is an anti-aging treatment with the key ingredient idebenone (ee-dee-ben-OWN), the most powerful topical antioxidant available in a skin care product. The 1% strength of idebenone is available only in **Prevage®MD** and only from your doctor.

Neocutis was developed by medical researchers at the University Hospital of Lausanne in Switzerland, this first formulation with PSPÂ® is clinically proven to reduce the signs of aging skin and help enhance the results following cosmetic procedures. For aged, photo-aged, sensitive and stressed skin helping to; improve skin texture and

tone, reduce appearance of fine lines and wrinkles, diminish signs of sun damage and age spots, and energize stressed skin. For sensitive and post-procedure skin helping to: sooth sensitive skin, promote recovery and restoration, and promote more vibrant and youthful skin.

Vitité™ includes a glycolic compound that provides optimal exfoliation. It adds natural antioxidants to protect epidermal cells from environmental stressors, promotes the skin's natural production of hyaluronic acid, collagen, and epidermal growth factors, and works to improve the overall health of skin.

SkinCeuticals™ rejuvenates and protects the skin with antioxidants and broad-spectrum sunscreens. Created by scientists, SkinCeuticals' products are formulated to combat all of the elements that cause aging with the highest antioxidant concentrations available.

Jane Iredale Makeup

Known as *The Skin Care Makeup®*, the Jane Iredale line is so safe and beneficial to use that it is recommended by plastic surgeons and dermatologists throughout the world.

Jane's line is a highly-sophisticated blend of minerals and pigments that are micro-pulverized, using proprietary technology and processes to form microscopic flat crystals. These crystals overlap each other on the skin to form a filter that allows the skin to breathe and function normally while still protecting it from airborne pollutants. The staying power of the minerals is so great that they rarely need a touchup during the day.

Clarisonic Pro Brush

Keep your skin looking young, vibrant, and healthy. Clarisonic® Pro gently clears your pores, cleansing deeply for better absorption of your skin care products.

Hours

Monday, Tuesday, Wednesday, Friday 9 a.m. - 4 p.m.

Thursday 9 a.m. - 4 p.m.

Thursday evenings by appointment only

We also look forward to providing private group treatments. Please contact our spa coordinator to schedule your next group event.

Confidentiality

Clients of Facial Rejuvenation Centre may be assured of complete confidentiality in regard to all aspects of care.

Gift Certificates

Gift certificates may be purchased at the receptionist desk.

Environment

Please turn off your mobile phone and pager to help maintain our serene ambiance. For the health and safety of our clients and staff, we do not permit smoking. We ask that children not be left unattended so that we may provide a safe and comfortable spa experience to all of our guests.

Scheduling

The Rejuvenation Centre scheduling is designed to allow sufficient time to complete your treatment. To enjoy every minute of your experience, please arrive on time. If you are late, we will try to accommodate you; however, we cannot promise to complete your full service. First-time clients should arrive 15 minutes early to allow sufficient time to complete your health profile.

When you schedule your appointment, you will be asked to use a major credit card to guarantee your appointment against late cancellation.

Cancellation/Rescheduling

Our clients have busy lives. Our cancellation policy is designed with this in mind.

We respectfully request 24 hours notice for cancellation or rescheduling.

We ask that you guarantee your appointment against late cancellation using a major credit card.

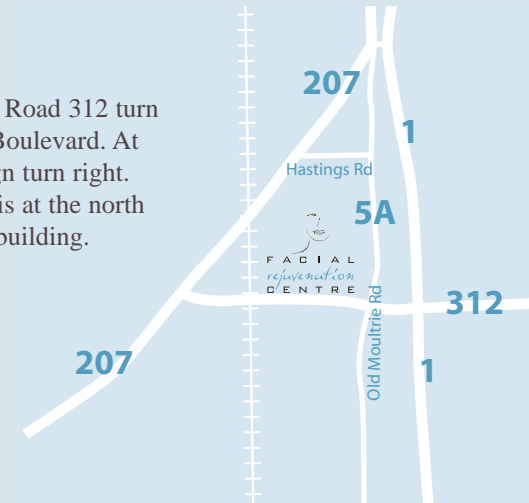
We have the right to charge your credit card 100% of the value of the appointments cancelled or rescheduled with less than 24 hours notice.

Product Returns

The Rejuvenation Centre will gladly accept the return of any skin care product within 30 days of purchase for a full “in-house” credit on your account.

Directions

From State Road 312 turn onto Tree Boulevard. At the stop sign turn right. Our office is at the north end of the building.



ST. AUGUSTINE
1750 TREE BOULEVARD • SUITE 10

FRCENTRE.COM
904.810.5434

Awaken.

Energize.

Above
and
beyond.



